

Be Pain Free & More

Deep penetrating light/heat from the Infrared Wrap is just as effective for many body issues as it is for weight loss.

Therapeutic Benefits Have Been Reported For:

- Muscle pain and spasm
- Low back pain
- Fibromyalgia
- Chronic Fatigue Syndrome
- Sciatica
- Neck/shoulder pain
- Raynaud's Syndrome
- Insomnia
- Stretch mark and scar reduction
- Athletic recovery/sports injury
- Arthritis pain and joint stiffness
- Menstrual cramps
- Post pregnancy recovery
- Skin rejuvenation and improved elasticity (tightens loose skin)
- Body detoxification—eliminates heavy metals & toxic chemicals



What to Expect...

You're wrapped right over your clothes so bring a long sleeved t-shirt & sweat pants (heavier material, not thin; no jeans or metal). For women the silicone pads are wrapped around the thighs, hips and abdomen. When requested, the chest/breast area may be wrapped as an alternative to breast reduction surgery. For men - thighs, abdomen and chest. Sweating is a therapeutic part of the session. Each wrap lasts for 60 minutes while you relax on a spa table and watch your favorite popular TV sitcom. We provide you with a refreshing disposable shower wipe when you've completed your wrap.

Testimonial...

I love the Infrared BodyWraps! I changed my diet to a healthy eating lifestyle & I started getting the wraps regularly. In 9 months I lost 72 lbs & 7 sizes! I have a lot more energy, I feel better about myself & my back pain is gone. Last year I needed wheelchair assistance to make my connecting flights in Atlanta. I couldn't stand longer than 10 minutes at a time due to low back & sciatic pain let alone walk a long distance. This year I've been working 5 hours at a time on my landscape at home! What a difference! I'm proof positive that the Infrared BodyWraps do work. I also find the wraps are a tremendous stress reliever (relaxing plus free attitude adjustment!). Not only do they benefit me but everyone around me!

Janet Carroll, RN, CMT
Vital Living WellSpa Co-owner



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Corner of Jefferson & N. Glendale Dr
Turn north on N. Glendale Dr, east on N Bend Dr
Brick & grey building, park on Jefferson side

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INFRARED BODYWRAPS

Target Your Body's Trouble Areas

- ◆ Buttocks
- ◆ Abdomen
- ◆ Hips & Thighs
- ◆ Arms

The Weight
is Finally Over

LOSE INCHES & WEIGHT
RELIEVE PAIN
DETOXIFY
SCULPT

Burns Up To 1400 Calories Per Session!

Traditional exercise
impossible?

Infrared Body Wraps
provide a passive
cardiovascular conditioning
effect to burn fat, lose
inches, tone muscle and
relieve pain.



Be Slim

Infrared—The Real Deal!

You've tried working out and eating better but yet you still have that hard dense fat in your trouble areas. Why? Over time, your body has become a sugar burner rather than a fat burner. Increasingly sugar gets stored as fat. Cold fat lacks circulation. No nutrients in, toxins can't get out! And it's known that many toxins are present in fat. As fatty deposits accumulate so does inflammation and pain. The Infrared BodyWrap develops micro-vascular circulation (new blood vessels) into these areas to increase your metabolism. The infrared light/heat softens the fat allowing it to be metabolized and utilized as energy.

**Lose inches, increase
energy and relieve pain.**

What is Infrared Light?

Far-Infrared Light is beyond the visible spectrum and is perceived as heat. This radiant heat is the same frequency level as your own body heat and energy system. Because of this, it allows uniform deep heat penetration that isn't possible with other methods. It's highly effective as a source of healing and is healthy, natural and safe for all living things.

Heating pads warm surface tissue but Far-Infrared LIGHT penetrates the body's tissues up to a depth of 2 ½ - 3 inches and close to 93% of the infrared waves are able to be absorbed and utilized to produce changes in the tissue and promote healing. Far-Infrared heat by nature is as effective for pain relief as it is for weight loss, inch loss and detoxification.

Formostar Infrared Body Melt Gel

*Enhancement gel, accelerated
by FIR heat to reduce cellulite
while hydrating skin cells and
increasing elasticity.*



Contraindications

- Do NOT tan the same day you have an Infrared BodyWrap
- Pregnancy
- Implanted Pacemaker
- Constricted Coronary Blood Vessels
- Diabetes Requiring Insulin
- Hemophilia
- Hyperthyroidism
- Kidney Disease or Failure
- MRSA or Open Wounds
- Skin Diseases
- Contact Allergies
- Fever
- Severe General Infection
- Acute Joint Injury (48 hrs)

In a documented clinical study,
the far-infrared body wrap treatment
resulted in significant weight reduction
and substantial improvement in
joint mobility and pain relief.

What Does it Do?

- The Infrared Body Wrap can burn from 900-2400 calories per wrap, depending upon your metabolism. Your metabolism will increase with consistent use.
- Promotes micro-vascular circulation (new blood vessels) to ischemic or restricted areas for increased circulation, detoxification, fat burning and healing.
- Breaks down cellulite and burns stored fat into useable energy.
- Softens restricted fascia and fibrotic areas—scar tissue, stretch marks and adhesions.
- Detoxifies. Researchers have identified conventional perspiration as 95-97% water. Sweat using the Formostar Infrared BodyWrap contains fat soluble toxins such as heavy metals of mercury and aluminum, sulfuric acid, sodium, ammonia, uric acid and cholesterol.
- Enhances body sculpting and muscle tone. Improves elasticity and tightens loose skin.
- Reduces inflammation, promotes tissue regeneration and faster healing.
- Pain relief—eases or eliminates muscle and joint discomfort
- Stress relieving and energizing
- Promotes relaxation and improves sleep
- Provides a passive cardiovascular conditioning effect.
- Skin Rejuvenation — restores skin to a more youthful appearance.